



23<sup>rd</sup> June 2025

**Request to Northamptonshire Fire and Rescue Service:**

1. Please briefly outline any training Northamptonshire Fire and Rescue staff receive on the below areas, including what the training covers and the named training provider if externally delivered:
  - a. Suicide prevention
  - b. Suicide postvention
2. If there is suicide prevention training in place, is it currently mandatory for all Northamptonshire Fire and Rescue staff? If the training is not mandatory, please indicate which staff it is offered to.
3. If there is suicide prevention training in place, please indicate how many Northamptonshire Fire and Rescue staff members received training in 2024 in
  - a. Number of total staff who received training
  - b. Percentage of total staff who received training

**Response:**

Northamptonshire Fire and Rescue Service rolled out a 20-minute suicide prevention training to all from ZSA (Zero Suicide Alliance). Data on who completed it is not held.

The ZSA - hosted by Mersey Care NHS Foundation Trust - is a group of NHS organisations, local authorities, charities, businesses, and individuals who are all committed to suicide prevention in the UK and worldwide. Their main aim is to improve support for people contemplating suicide by raising awareness of, and promoting, their free suicide prevention training, which over 1.7million people worldwide have completed.

The free 20-minute training enables people to identify when someone is presenting with suicidal thoughts/behaviour, to be able to speak out in a supportive manner, and to empower them to signpost the individual to the correct services or support.

Northamptonshire Fire and Rescue Service also promote the Firefighters charity free suicide prevention helpline and services.

The information provided is our best interpretation of relevance to your request, but you should be aware that the collation of information for ad hoc requests may have limitations and this should be taken into account when the data is used.

If you decide to write an article we would ask you to take into consideration the factors highlighted in this document so as to not mislead members of the public or official bodies or misrepresent the relevance of the whole or any part of this disclosed material.

## **APPEAL RIGHTS**

If you are unhappy with how your request has been handled or you do not think the decision is correct, you have the right to ask for a review of the decision.

Prior to lodging a formal appeal you are welcome and encouraged to discuss the decision with the case officer that dealt with your request.

### **Ask to have the decision looked at again**

The quickest and easiest way to have the decision looked at again is to telephone the case officer. That person will be able to discuss the decision, explain any issues and assist with any problems.

### **Appeal**

If you are dissatisfied with the handling procedures or the decision that the Service have made under the Freedom of Information Act 2000 (the Act) regarding access to information, you can lodge an appeal with the Northamptonshire Police to have the decision reviewed.

Appeals should be made in writing within 20 days of receipt of your reply and either emailed to [freedomofinformation@northants.police.uk](mailto:freedomofinformation@northants.police.uk) or addressed to:

**Freedom of Information Manager  
Information Unit  
Northamptonshire Police Headquarters  
Wootton Hall  
Northampton  
NN4 0JQ**

Where possible the Service will aim to respond to your appeal within 20 working days. However, meeting this time scale will depend upon the circumstances and complexity of the issue.

## **The Information Commissioner**

After lodging an appeal with the Service, if you are still dissatisfied with the decision, you may make an application to the Information Commissioner for a decision on whether the request for information has been dealt with in accordance with the requirements of the Act.

For information on how to make an application to the Information Commissioner please visit their website at [www.ico.org.uk](http://www.ico.org.uk) Alternatively, telephone or write to:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

Phone: 0303 123 1113



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